



## The College of Charleston Sailing Association is happy to announce a series of YOUTH CLINICS!

On **June 25-26**, we will host an ***Introduction to Team Racing Clinic***. The Clinic will be led by Cof C coach Nick Ewenson. Nick is a former Baker Trophy (for the ISSA Team Race Championship) runner-up, and a past ICSA Team Race Champion himself and remains active in team racing both as participant and coach. He is excited to share his passion with new team racers and loves the game of team racing. Special attention will be given to boat-handling and the basics of team racing: how it works, strategy, a rules workshop, and on the water execution.

On **July 23-24**, we will host an ***Intermediate Team Racing Clinic*** and will go beyond the basics and further into the play-counter-play nature of this exciting discipline. There will be more emphasis on strategy and “the plays”, with more full 3 on 3 racing. This clinic will be led by Cof C coach Ward Cromwell, also a former ICSA Team Race champion and team race enthusiast.

And on **August 27-28**, the clinic will be about ***College Sailing Fundamentals*** and will focus on the foundation one needs to excel in College Sailing. Special attention will be given to boat-handling, tuning, and straight line speed. A discounted rate will be given to SAISA (North) College team members; we hope the weekend can be used for many as a pre-season tune-up. We will teach and use many of the same drills used in the Cof C program, and it will be led by both Cof C coaches.

Cost is \$180 per individual sailor for the weekend or \$140 per sailor if an entire team race team of 12 sign up together.

Space is limited to 26 sailors for the team race clinics and 36 for the Fundamentals so sign up soon!

Special rates will be available for local close hotels.

*Call or email for more information and a registration form.*

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