

**2010-2011 SAISA Singlehanded District Championship  
and Qualifier for the  
2011 ISSA National Singlehanded Championship for the Cressy Trophy**

**September 25-26, 2010**

**Organizing Authorities: St. Petersburg Yacht Club and  
South Atlantic Interscholastic Sailing Association (SAISA)**  
St. Petersburg Yacht Club  
St Petersburg, Florida

**SAILING INSTRUCTIONS**

**1 RULES**

- 1.1 This regatta will be governed by the *rules* as defined in the 2009-2012 edition of *The Racing Rules of Sailing*, the Interscholastic Sailing Association of North America (ISSA) Procedural Rules and the SAISA Supplemental Rules.
- 1.2 If there is a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions shall take precedence.
- 1.3 RRS Appendix P will apply as changed by the ISSA Procedural Rule 14(c).
- 1.4 The July 1, 2010 revised Prescriptions to RRS 60, RRS 63.2 and RRS 63.4 will not be in effect.

**2 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board located inside the St. Petersburg Sailing Center (SPSC).

**3 CHANGES TO SAILING INSTRUCTIONS**

Any change to the sailing instructions will be posted before 0830 on the day it will take effect. Changes in the schedule of races will be posted before 0800 the day it will take effect.

**4 SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed at the SPSC flagpole in front of the Sailing Master's office.
- 4.2 When Code flag AP is displayed ashore, it means 'one minute' is replaced with not less than 60 minutes in the Race Signal AP. Do not leave the harbor.
- 4.3 A white flag will be the flown for the harbor start of the Full Rigs.
- 4.4 A green flag will be flown for the harbor start of the Radials.

**5 SCHEDULE OF RACES**

Saturday 9/25	0800 Competitor Check-in	SPSC Classroom
	0900 Competitors' Meeting	SPSC Classroom
	ASAP Harbor start flags hoisted	
	1000 Warning, 1 <sup>st</sup> race of the day	
Sunday 9/26	0800-8:30 Competitor Check-in	SPSC Classroom
	ASAP Harbor start flags hoisted	
	0930 Warning, 1 <sup>st</sup> race of the day	
	1500 No warning after this time	

unless a sail-off is needed  
Announcement of winners, ASAP

SPSC Classroom

## **6 RACING AREA**

Racing will be on Tampa Bay, east of the St. Petersburg Municipal Pier. The racing area is approximately one mile from the SPSC.

## **7 SAFETY**

- 7.1 ISSA PR 2 safety requirements will be in effect.
- 7.2 Each competitor shall sign the daily check-in sheet located in the SPSC classroom.
- 7.3 A competitor that withdraws from a race shall attempt to inform the race committee as soon as possible.
- 7.4 Before the warning signal of the first race of the day, each boat shall pass the stern of the race committee signal boat on starboard tack, hail her sail number and class and wait for the race committee to acknowledge the hail.
- 7.5 Failure to comply with these safety requirements may result in disqualification from specific races or the entire regatta.

## **8 COURSES**

- 8.1 The diagrams in the attachment show the three courses that may be sailed.
- 8.2 Prior to the warning, either a white flag for the Full Rigs or a green flag for Radials will be displayed on the race committee signal boat to designate which class will be racing, and a white board with a number displayed indicating which course to be sailed.
- 8.3 Competitors not racing shall stay clear of those about to race or still racing.

## **9 MARKS**

Marks 1, 1A, 2, 3, 4S / 4P and the start pin will be orange tomatoes. The finish pin will be a green tetrahedron. Change marks will be yellow tetrahedrons.

## **10 STARTS AND FINISHES**

- 10.1 The starting line will be between an orange flag on the race committee signal boat and the course side of the port-end mark.
- 10.2 ISSA PR 7.8 will be in effect with no supplemental visual signals during the starting sequence. Flag X and flag First Substitute will be displayed with appropriate sounds to designate recalls.
- 10.3 After a general recall, the RRS 30.1 will apply; Flag I will not be displayed. ISSA PR 7.8 (b)
- 10.4 The finishing line will be between an orange flag on the race committee finish boat and the course side of the port-end finishing mark.

## **11 CHANGE OF THE NEXT LEG OF THE COURSE**

The race committee will change the course according to ISSA PR 7.7.

## **12 TIME LIMITS**

Boats still racing more than 20 minutes after the first boat in the class sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A4 and A5.

The time limit is 50 minutes for the first boat to sail the course as required by RRS 28.1

### **13 PROTESTS AND REDRESS**

- 13.1 A boat intending to protest about an incident that occurs in the racing area shall, after finishing, sail to the non-course side of the race committee finish boat and inform them of her intention.
- 13.2 Per ISSA 16(d), protests may be heard on the water. The competitor has the option to have the protest heard on shore
- 13.3 The protest time will begin 30 minutes after the finish boat arrives at the dock after the last race of the day. This changes RRS 61. Docking time will be posted on the notice board.
- 13.4 Protest forms are available in the SPSC next to the notice board.
- 13.5 Protest forms shall be delivered to a representative of the protest committee at the SPSC within 30 minutes of the posted docking time of the race committee finish boat.
- 13.6 The protest notices required by RRS 63.2, and the notification of protests by the race committee or the protest committee required by RRS 61.1(b), will be posted as soon as possible after a protest has been delivered, but not later than 15 minutes after the protest time limit.

### **14 SCORING**

- 14.1 The Low Point Scoring System, RRS Appendix A, will apply, except no score will be excluded, and as modified by ISSA PR 9. School Teams will be ranked per ISSA PR 11.
- 14.2 Eighteen races are scheduled. Three races will constitute a regatta.

### **15 COACHING**

Procedural Rule 8 will apply. The coach's area will be on shore at the east end of the St. Petersburg Municipal Pier. A bulletin board there will provide updates on race results.

### **16 WINNERS RECEIVE QUALIFICATION FOR THE CHAMPIONSHIP**

SAISA will issue invitations to 3 full rig and 3 radial rig high school teams to represent their school and SAISA in the ISSA National High School Singlehanded Championship for the Cressy Trophy. The regatta will be at St. Petersburg Yacht Club October 29th through October 31st, and hosted by the SAISA district.

cyb 9/20/10