

**NOTICE OF RACE**  
**SAISA 2010 INTERSECTIONAL REGATTA**  
**March 27-28, 2010**

**Hosts:**

**Lake Norman Yacht Club & South Atlantic Interscholastic Sailing Association (SAISA)**

**1. RULES**

The regatta will be governed by the current ISSA Procedural Rules, SAISA Supplemental Rules and by the rules as defined in The Racing Rules of Sailing, this Notice of Race and the Sailing Instructions.

**2. ELIGIBILITY & ENTRY**

- 2.1 2009-2010 member schools of ISSA are eligible. All SAISA teams are eligible including those slated to participate in the SAISA Gold Championship or the District Championship; and including all teams from other districts. If a team wishes to participate, and has not yet paid their ISSA dues, the team will be provided the opportunity to pay dues at check-in, provided registration is completed on or before March 19.
- 2.2 A minimum of two slots are reserved for 2009-2010 member schools of MASSA.
- 2.3 A minimum of two slots are reserved for 2009-2010 member schools of SEISA.
- 2.4 One team per school. A team is comprised of no less than two or more than four sailors who are full-time students in the school they represent in the 8th-12th grade.
- 2.5 Only SAISA North teams registering 8th-11th grade sailors are eligible to compete for a SAISA berth in the following year's ISSA Great Oaks Invitational Regatta.
- 2.6 Registration is on a first paid/first allowed basis. Once 20 teams register, each team after the 20<sup>th</sup> will be notified by the venue that their entry shall be contingent upon their ability to bring their own 420 sailboat to add to the rotation
- 2.7 An adult school team representative/advisor/designated adult is required to accompany each team and be responsible for the team's conduct on and off the water. The team representative or designated adult, who may be an advisor, coach, or parent as registered with ISSA, is expected to have full authority to obtain medical treatment for his/her team members. This person(s) must be responsible for conduct & have full authority for making medical decisions. Competitors without a designated adult on site may not be scored for races on days for which that adult is absent, or may not be allowed to go on the water. It is the competitors designated adult's decision to enter the regatta and to start or continue any race. The designated adult will accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during and after the regatta.
- 2.8 The entry fee shall be \$50.00 per team paid in advance. Teams may register by mailing the attached Entry/Registration, Roster and Waiver forms with their checks as outlined on the forms.
- 2.9 Registration is on a first paid/first allowed basis. **Registrations received after Friday March 19 may be returned at the discretion of the Regatta Chair.**

**3. FORMAT**

This will be a one-division regatta. A minimum of two and maximum of four sailors per school will form a team. Teams will rotate through the boats (other sailors may be substituted at this time) per a rotation posted on the day of the event. The number of races in a series will be equal to the number of teams competing in the regatta. Time permitting; the Race Committee will attempt to run a multiple series of races. All races will be scored regardless of whether the series was completed. Three races will constitute a regatta. All coaching, including instruction, assistance, equipment or sustenance shall be provided only on shore or on a designated vessel on the water. Competitors should expect numerous short races with boat rotations as set forth at the skipper's meeting.

If more than 12 schools register, at the discretion of the Regatta Organizer, the rotation may include byes or racing on Saturday may be divided into two divisions, with the goal of completing one full rotation per division. The top six schools from each division will then advance to a championship series on Sunday, with prior qualifying scores being discarded.

**4. SCHEDULE OF RACES**

Friday March 26

1700 Arrival, Optional Check-in, Venue/Site Orientation

Saturday March 27

0800 Arrival, Check-in, Boat Assignment & Rigging

0845 Competitor meeting

0945 Warning Signal of first race of day

Sunday March 28

Racing will continue on Sunday as required to complete a full rotation

0900 Warning Signal of first race of day

1500 No race will start after this time

**5. BOATS**

Club 420's will be used. Lake Norman Yacht Club will provide twelve.

**6. SAILING INSTRUCTIONS**

Sailing Instructions will be available at the competitor meeting at Lake Norman Yacht Club.

**7. RACING AREA**

Racing will be on Lake Norman near Lake Norman Yacht Club, [www.lakenormanyachtclub.com](http://www.lakenormanyachtclub.com)

Lake Norman Yacht Club is located north of Charlotte, NC.

- Follow Interstate 77 to Exit 33.
- Turn west onto Williamson Road.
- Go approximately 2 miles to first traffic light and turn left onto Brawley School Road.
- Go 5.0 miles to traffic circle.
- Exit traffic circle on OPPOSITE side as you entered (pretend it was never there).
- Go 0.9 miles and turn LEFT on Yacht Road.
- Go 0.8 miles and turn LEFT into LNYC.
- After entering the gate, turn left and follow the drive to the Pavilion.

LNYC has a 27-acre waterfront site with ample camping and bathing facilities. No hookups are available. Club rules prohibit pets on the property, sleeping in club buildings and fires. An aerial photograph of LNYC and local hotel information are attached.

**8. SCORING**

Low point system for individual races as modified by ISSA Rule 9. Ties will be resolved per procedural rule 11(c).

**9. AWARDS & TROPHIES**

Trophies will be awarded as soon as possible after the last race sailed in the event for the top three teams. Additionally, the top SAISA Inland or Coastal regional team composed exclusively of 8-11 grade sailors will qualify to secure a berth in the 2010-2011 ISSA Great Oaks Invitational Regatta to be held in New Orleans at SYC.

**10. DAMAGE**

Damage that requires more than normal maintenance is considered a serious incident. If the Protest Committee determines that reasonable care was not used and resulted in damage, one or both boats may be disqualified, regardless of any alternative penalties already taken. In extreme cases, either or both boats may be excluded from the rest of the regatta and held financially responsible for the damages.

**11. MEALS**

A maximum of five lunches per team are included in the regatta entry fee.

**12. SPECIAL CLOTHING**

While on the water, competitors shall wear clothing appropriate for water temperature of 45 degrees F. This can include either dry suit, or wet suit, or a mid-weight thermal, moisture-wicking polyester layer covered by a windproof layer.

**13. INFORMATION**

For additional information, contact Regatta Chair Craig Milliken

Email: [cmilliken111@aol.com](mailto:cmilliken111@aol.com)

For information regarding ISSA or SAISA, please contact Tom Monkus

Phone: 727-821-9080 or email [tpmonkus@saisa.org](mailto:tpmonkus@saisa.org)

FAX: 727-388-2698

**ISSA RULE**

THE USE OR POSSESSION OF ILLEGAL DRUGS AND/OR ALCOHOLIC BEVERAGES IS ABSOLUTELY PROHIBITED ON AND OFF THE WATER BY ANY COMPETITOR. ANY COMPETITOR USING, POSSESSING, OR BEING UNDER THE INFLUENCE OF SUCH DRUGS OR ALCOHOL WILL BE DISQUALIFIED FROM THE COMPETITION.



**ISSA SAISA INTERSECTIONAL REGATTA  
WAIVER & MEDICAL RELEASE**

*To be Completed by Competitor and Competitor's Parent/Guardian  
(Make Copies & Complete this Page for Each Team Member)*

By entering this regatta it is understood by the participant, \_\_\_\_\_ (and his or her parents if under the age of 18), that the host/venue, the South Atlantic Interscholastic Sailing Association (SAISA) and the Interscholastic Sailing Association (ISSA) as well as their duly appointed committee members shall incur no liability or responsibility for injury, damage or loss to any person or property. Each sailor must decide for himself or herself whether he or she is fit to compete in the weather conditions that are prevailing at the time of race. Each competitor bears all risk of any loss whatsoever by virtue of continuing in this competition.

I certify that student named on this disclaimer is properly enrolled in \_\_\_\_\_ (school name) and is in the \_\_\_\_\_ grade at the present time. I further certify that the student is eligible for competition under the rules of the Interscholastic Sailing Association and SAISA.

If the participant or any other team member causes damage or loss to the boats and equipment used in this regatta, the team will be assess the cost of repair or replacement. Failure of any team to fail to meet this obligation may be grounds for suspension of membership in SAISA and may result in the disqualification of the team from SAISA sanctioned events in the future. I agree to be bound by *The Racing Rules of Sailing* and by all other *rules* that govern this event.

**PERMISSION FOR MEDICAL CARE**

In rare instances a medical emergency arises in which consent by the parent or guardian is legally required, but the proper person cannot be located. In such circumstances, in order to avoid delay that might jeopardize the life of recovery of a student, we request the following permission from the parent or guardian, with the understanding that every effort will be made to contact them in an emergency.

**I hereby grant permission to the Regatta Chair, an Emergency Medical Technician and/or other physicians he/she considers appropriate, to give emergency care as necessary.**

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND WAIVER OF CLAIMS AND SIGN IT OF MY FREE WILL.

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Sign: \_\_\_\_\_ (Participant) Print: \_\_\_\_\_

Sign: \_\_\_\_\_ (Parent if under 18) Print: \_\_\_\_\_

Each competitor must have this Disclaimer on file with the Committee at the time of registration. The form must be properly signed by the parent as well as the competitor, unless the competitor is over the age of 18. Proof of enrollment in the member school may be requested at any time; e.g., school I.D.

**Make as many copies of this form as needed for your team**