

SAISA INLAND NORTH POINTS 5 REGATTA
NOTICE OF RACE
November 15, 2008

Hosted by: The Carolina Sailing Foundation, The Carolina Sailing Club & Wake County Parks and Recreation

SITE: Lake Crabtree County Park, 1400 Aviation Parkway, Morrisville, NC 27560
<http://www.wakegov.com/parks/lakecrabtree/default.htm>

1. RULES This regatta will be governed by the current ISSA Procedural Rules and SAISA Supplementary Rules, *The Racing Rules of Sailing*, the prescriptions of US SAILING, this Notice of Race (except as changed by the sailing instructions), and the Sailing Instructions.

2. SCHEDULE OF RACES

Saturday November 15

0800 Arrival, check-in at Fishing pier and boat rigging

0830 Competitor's Meeting

0900 First Warning Signal

Sunday November 16 (if needed)

0900 First Warning Signal

1200 Latest Warning Signal

3. FORMAT This will be a two-division regatta; teams will rotate through the boats per a rotation posted on the day of the event. A Sound Signal Starting System shall be used. Competitors should expect numerous short races with boat rotations as set forth at the skipper's meeting. It shall be the goal of the race committee to complete one full round robin rotation of boats. Three races in each division must be completed to constitute a regatta. All coaching, including instruction, assistance, equipment or sustenance shall be provided only on shore.

4. SCORING

4.1 Low point system for individual races as modified by ISSA Rule 9. Ties will be resolved per procedural rule 11(c). Note that when the "team" is composed of 2 or more sailors from different schools the composite teams will be indicated on the results. Minimally the 1st – 3rd divisional & top 3 places will indicate the names of the sailors on the race results. Race highlights with results will be forwarded to SAISA for processing & points will be awarded to qualify for participation in the North Points "GOLD or SILVER" regattas.

4.2 Protests hearings, if any, may take place between races. We will attempt to post preliminary results in real time between races.

5. AWARDS & TROPHIES

Prizes will be awarded as soon as possible after the last race sailed in the event.

6. ELIGIBILITY

6.1 All 2008-09 member schools of the South Atlantic Interscholastic Sailing Association (SAISA) are eligible. The regatta is a North Points Inland Area Regatta. All schools shall be members in good standing with SAISA. A school may pay SAISA dues at check-in.

6.2 Competitors must attend the school they represent full time and must be in the 8th, 9th, 10th, 11th, or 12th grade, as of the date of the Regatta. If your school does not have enough sailors to form the necessary team, regatta organizers will attempt to "mix and match" sailors from different member schools.

6.3 An adult school representative/advisor is required to accompany each team and to be responsible for their conduct on and off the water. The team representative, who may be an advisor, coach, or parent, is expected to have full authority to obtain medical treatment for his team members.

6.4 A JV team from an eligible school may be entered when pre-approved by SAISA. For JV team approval, contact Tom Monkus at (727) 821-9080. Each JV team may be responsible for providing their own 420, as preference will be given to schools with only one team.

7. FEES & REGISTRATION

7.1 The entry fee shall be \$50.00 per school team. Payment should be made in advance by using the [registration](#) and [waiver](#) forms available on the SAISA website (www.saisa.org) under "[General Forms – Samples](#)". Make checks payable to Carolina Sailing Foundation. **Checks, registration forms, waivers, and the number of lunches needed should be mailed to:**

Tom David; 117 Rumford Ct., Raleigh, NC 27614. [tom.david@everpack.com: 919-846-3559 (H), 919-606-5751 (C)]

7.2 Registrations will be accepted first from Inland Area teams whose registration is received *no later than nine days before this regatta* in the order they are received. Other registrations will then be accepted in order received. All registrations should be received by *no later than three days before the regatta*.

7.3 Once 8 schools have registered, additional schools will be notified that their entry shall be contingent upon their ability to bring their own 420 sailboat in good racing condition to add to the rotation.

8. SAILING INSTRUCTIONS

Sailing Instructions will be available at the competitors meeting at Lake Crabtree Boat Launch Area.

9. BOATS

Club 420's will be used. Six will be provided by Carolina Sailing Foundation, two will be provided by Lake Norman Yacht Club.

10. RACING AREA

Racing will be on Lake Crabtree, south of the Boat Rental Area. Lake Crabtree is extremely shallow and contains numerous underwater hazards. Attempts will be made to place warning buoys in the northwest and southwest corners of the lake that are most hazardous. However, competitors are required to stay within the bounds of the racecourse. Sailing within 20 feet of shore may result in grounding. Capsize will result in mud on the mast and sails.

11. DAMAGE

Damage that requires more than normal maintenance is considered a serious incident. If the Protest Committee determines that reasonable care was not used and resulted in damage, one or both boats may be disqualified, regardless of any alternative penalties already taken. In extreme cases, either or both boats may be excluded from the rest of the regatta and sailors or teams held financially responsible for the damages.

12. LUNCHES

Up to 8 Saturday lunches will be included in the regatta fee; additional lunches will be \$5. Reservations for all lunches **MUST BE MADE** with registration.

13. DIRECTIONS

Lake Crabtree is located northwest of Raleigh, NC- very near RDU Airport; follow Interstate 40 to Exit 285 from Morrisville. Turn south onto Aviation Parkway. Go approximately 0.2 miles to first traffic light and turn left into park entrance. After entering gate, follow the drive to the fishing deck and boat rental area on your right.

14. HOTEL/Home stay

There are numerous hotels near RDU airport within a 10 minute drive to the park. There is no nearby camping. However, local sailing families are happy to host visiting sailors. Please contact Amy Grobin (919-968-4618 or grobinac@earthlink.net) to be matched with a host family.

15. SPECIAL CLOTHING

While on the Rotation Dock and on the water, competitors shall wear clothing appropriate for the conditions. Competitors are required to wear special clothing when the water temperature drops below 60 degrees F or when the combination of air temperature and water temperature is below 120. "Special Clothing" can include either dry suits, or wet suits, or a mid-weight thermal polyester layer covered by a windproof layer. Cotton clothing, including jeans, sweat pants, jackets or suits and t-shirts are prohibited. .

16. INFORMATION

For additional information, contact, Regatta Chair Dan Russell 919-345-0035 drusseltiger@gmail.com

For information regarding ISSA or SAISA please contact Tom Monkus as follows:

Phone: 727-821-9080 or email tpmonkus@saisa.org .

ISSA RULE

THE USE OR POSSESSION OF ILLEGAL DRUGS AND/OR ALCOHOLIC BEVERAGES IS ABSOLUTELY PROHIBITED ON AND OFF THE WATER BY ANY COMPETITOR. ANY COMPETITOR USING, POSSESSING, OR BEING UNDER THE INFLUENCE OF SUCH DRUGS OR ALCOHOL WILL BE DISQUALIFIED FROM THE COMPETITION.

08-1022v1