

SAISA INLAND NORTH POINTS REGATTA 3
NOTICE OF RACE
December 12 & 13, 2009 – Lake Norman Yacht Club
HOST HIGH SCHOOL: LAKE NORMAN HIGH SCHOOL

1. RULES

This regatta will be governed by the current ISSA Procedural Rules, SAISA Supplemental Rules and by the rules as defined in *The Racing Rules of Sailing* (RRS).

2. SCHEDULE OF RACES

Saturday

0800 Arrival, check-in at Pavilion and boat rigging

0830 Competitor's Meeting

0900 First Warning Signal

Sunday

0900 First Warning Signal

1400 Latest Warning Signal

3. FORMAT

This will be a two-division regatta; teams will rotate through the boat per a rotation distributed on the day of the event. Competitors should expect numerous short races. It will be the goal of the race committee to complete one full rotation. Three races in each division must be completed to constitute a regatta. All coaching, including instruction, assistance, equipment or sustenance shall be provided on shore.

4. SCORING

Individual races will be scored using the Low Point system as modified by ISSA Rule 9. Ties will be resolved per ISSA Rule 11(c). Points will be awarded to Inland Area teams to qualify for participation in the North Points Gold regatta. The Gold regatta will qualify teams for the SAISA District Championship, qualifier for the ISSA National Mallory Trophy regatta.

5. AWARDS & TROPHIES

Prizes will be awarded as soon as possible after the last race sailed in the event.

6. ELIGIBILITY

All 2009-10 member school teams of the South Atlantic Interscholastic Sailing Association (SAISA) are eligible. The regatta is a North Points Inland Area Regatta. All teams shall be dues paid members in good standing with SAISA. A team may pay SAISA dues at check-in.

Competitors must attend the school they represent full time and must be in the 8th, 9th, 10th, 11th, or 12th grade, as of the date of the Regatta. If a school does not have enough sailors to form the necessary team, regatta organizers will attempt to "mix and match" sailors from different member schools.

An adult school representative/advisor is required to accompany each team and to be responsible for their conduct on and off the water. The team representative, who may be an advisor, coach or parent, is expected to have full authority to obtain medical treatment for team members.

A JV team from an eligible school may be entered when pre-approved by SAISA. For JV team approval, contact Tom Monkus at (727) 821-9080. Each JV team may be responsible for providing their own 420, as preference will be given to schools with only one team.

7. FEES & REGISTRATION

The entry fee shall be \$50.00 per school team. Payment is to be made in advance by using the [registration](#) and [waiver](#) forms available on the SAISA website (www.saisa.org) under "[General Forms – Samples](#)". Make checks payable to Lisa Chambers.

Checks, registration forms, waivers, and the number of extra lunches are to be mailed to:
Lisa Chambers, 131 High Sail Court, Mooresville NC 28117

Registrations will be accepted first from Inland Area teams whose registration package is received by Thursday, December 3, 2009, in the order they are received. Registrations from other areas will then be accepted in order received. All registrations are to be received by Lisa Chambers no later than Tuesday, December 8, 2009.

Once 12 schools have registered, additional schools will be notified that their entry shall be contingent upon their ability to bring their own 420 sailboat in **good racing condition** to add to the rotation.

8. SAILING INSTRUCTIONS

Sailing Instructions will be available at the competitors meeting at Lake Norman Yacht Club.

9. BOATS

Club 420's will be used. Twelve (12) will be provided by Lake Norman Yacht Club.

10. RACING AREA

Racing will be on Lake Norman near Lake Norman Yacht Club www.lakenormanyachtclub.com/

11. DAMAGE

Damage that requires more than normal maintenance is considered a serious incident. If the Protest Committee determines that reasonable care was not used and resulted in damage, one or both boats may be disqualified, regardless of any alternative penalties already taken. In extreme cases, either or both boats may be excluded from the rest of the regatta and sailors or teams held financially responsible for the damages.

12. LUNCHESES

Up to 5 Saturday lunches will be included in the regatta fee; additional lunches will be \$5 each. Reservations for all lunches **MUST BE MADE** with registration.

13. DIRECTIONS

Lake Norman Yacht Club is located north of Charlotte, NC; follow Interstate 77 to Exit 33. Turn west onto Williamson Road. Go approximately 2 miles to first traffic light and turn left onto Brawley School Road. Go 5.0 miles to traffic circle (you will pass through one traffic light along your way). Exit traffic circle on **OPPOSITE** side as you entered (pretend it was never there). Go 0.9 miles and turn **LEFT** on Yacht Road. Go 0.8 miles and turn **LEFT** into LNYC. After entering gate, turn left and follow the drive to the pavilion.

14. CAMPING / HOTELS

LNYC has camping and bathing facilities. No electrical hookups are available. **No pets.** No camping in club buildings. No open fires.

15. INFORMATION

For additional information, contact regatta chair Craig Milliken

Email: cmilliken111@aol.com

For information regarding ISSA or SAISA, please contact Tom Monkus as follows:

Phone: 727-821-9080 or email tpmonkus@saisa.org.

16. SPECIAL CLOTHING

While on the rotation dock and on the water, competitors shall wear clothing appropriate for .water temperature of 50 degrees F. This can include a dry suit, a wet suit or a mid-weight thermal polyester layer covered by a windproof layer. Clothing, including jeans, seats and t-shirts, is prohibited.

ISSA RULE

THE USE OR POSSESSION OF ILLEGAL DRUGS AND/OR ALCOHOLIC BEVERAGES IS ABSOLUTELY PROHIBITED ON AND OFF THE WATER BY ANY COMPETITOR. ANY COMPETITOR USING, POSSESSING, OR BEING UNDER THE INFLUENCE OF SUCH DRUGS OR ALCOHOL WILL BE DISQUALIFIED FROM THE COMPETITION.

SAILING INSTRUCTIONS
SAISA INLAND NORTH POINTS REGATTA 3
SAILING INSTRUCTIONS
December 12 & 13, 2009 – Lake Norman Yacht Club

1. RULES

This regatta will be governed by the current ISSA Procedural Rules, SAISA Supplemental Rules and by the *rules* as defined in The Racing Rules of Sailing (RRS). In the event of a conflict, these Sailing Instructions shall prevail.

2. ENTRIES

Eligible teams shall be entered by completing registration with the Organizing Authority in accordance with the Notice of Race.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted at the Race Management Center.

4. CHANGES TO SAILING INSTRUCTIONS

Changes to Sailing Instructions may be made any time, including on the water, and take effect when all competitors are notified. All changes will be posted on shore and Code flag “L” with one sound signal will be displayed ashore and at the Signal Boat.

5. SIGNALS MADE ASHORE

5.1. Signals made ashore will be displayed from the flag mast at the Race Management Center.

5.2. Flag “AP” (Answering Pennant – red/white vertical stripes) with two sound signals means the race is postponed. The warning signal will be made not less than 15 minutes after “AP” is lowered. This changes the definition of “AP”.

6. BOATS & EQUIPMENT

6.1. Club 420 sailboats will be provided.

6.2. Competitors shall report any damage or loss of equipment, however slight, to the Race Committee immediately upon completion of the race. Absent a determined effort to comply, penalty for infringement may be disqualification from the race or the series, for crew or the entire team, at the Protest Committee’s discretion.

6.3. It is the responsibility of each team to insure that they rotate correctly, occupy the proper boat and that before leaving the dock the boat is in working order.

7. SCHEDULE

Saturday

0800 Arrival, check-in, rigging

0830 Competitors’ Meeting

0900 Warning Signal for first race of day

Sunday

0900 Warning Signal for first race of the day

1400 No Warning Signal after this time

8. THE COURSES

8.1. The Race Committee will display or announce the course designation the stern of the Race Committee Signal boat. The numeral “2” posted or announced with the course designation means the course shall be sailed two times around.

8.2. The course diagrams show the courses, including the start/finish line, the approximate angles between legs, the order in which marks are to be rounded or passed, and the side on which each mark is to be left.

9. START/FINISH LINE & MARKS

9.1. The start/finishing line will be bounded by staffs with an orange flag on the Signal Boat and the port end starting mark.

9.2. Marks “1” and “2” will be red balls.

10. THE START

10.1. Races will be started using the Sound-Signal Starting System of RRS Appendix S.

10.2. A boat starting more than **4 minutes** after her starting signal will be scored DNS without a hearing. This changes RRS A4.

11. RECALLS

11.1. Each boat's number will be her hull number.

11.2. General Recall will be made in accordance with RRS 29.2: Flag "First Substitute" (yellow pennant with blue border) and two sound signals. After a General Recall, the "round the ends rule" "(one minute rule) provisions of RRS 30.1 shall apply without the display of code flag "I"

11.3. Individual Recall will be made in accordance with RRS 29.1: Flag "X" (white with blue cross) with one sound signal. Flag "X" will stay up for a maximum of **2 minutes** after the starting signal or until all OCS boats have restarted, whichever is sooner. This changes RRS 29.1

11.4. The Race Committee intends to hail boats over early (OCS). Failure of a boat to hear the hail, an untimely hail, failure to hail any boat and the order of boats in the hail will not be grounds for redress. This changes RRS 62.1.

12. ABANDONMENT

12.1. The Race Committee may abandon any race in progress when a change in weather conditions has, in the sole discretion of the Race Committee, made the race an unsatisfactory test of skill.

12.2. Further signals to be made in starting area - Flag "N" (blue and white check) and three sound signals.

12.3. Further signals to be made ashore - Flag "N" over "H" (red and white) and three sound signals.

12.4. No more racing today - Flag "N" over "A" (blue and white) and three sound signals.

13. TIME LIMIT

13.1. The time limit will be **30 minutes** for the lead boat to finish the course.

13.2. Any boats that fail to finish within **10 minutes** of the lead boat will be assigned a finishing position by the Race Committee equal to one plus the number of boats that finished. This changes RRS A4.2.

14. PROTESTS

14.1. A protesting boat shall, at the first reasonable opportunity after finishing, notify both the Race Committee and the protested boat of her intent to protest.

14.2. A protest shall be filed on a US Sailing Protest Form, available at the scoring table or at the Race Management Center. Completed forms can be submitted to the scoring table.

14.3. A protest by a boat shall be filed within **30 minutes** of the finish of the race in which the event at issue took place.

15. PENALTY SYSTEM

A boat that may have broken a rule of Part 2 while **racing** may take a penalty at the time of the incident. Her penalty shall be a Two Turns Penalty performed in accordance with RRS 44.1 and 44.2.

16. AWARDS

Awards will be presented to the 1st and 2nd place teams in each division and to the 1st, 2nd, and 3rd place teams overall.

17. FUNDAMENTAL RULES AND SAFETY

17.1. Each boat is reminded of RRS Part 1 - Fundamental Rules

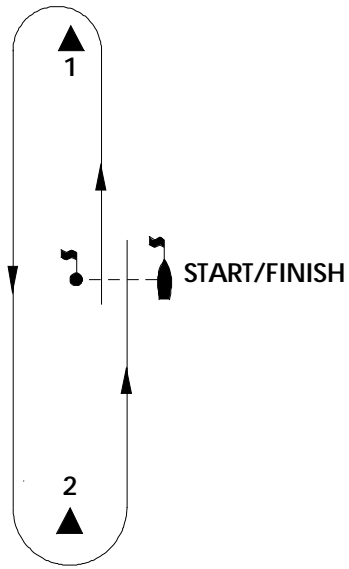
17.2. Safety requirements will be in accordance with ISSA Procedural Rules.

17.3. Competitors shall provide and wear USCG approved personal flotation devices at all times while on the water in accordance with ISSA Procedural Rule 2.2. Competitors may not protest another competitor over compliance with this instruction.

17.4. A boat that retires from a race shall if possible notify the Race Committee before leaving the course. Otherwise, notification shall be made immediately upon arriving ashore.

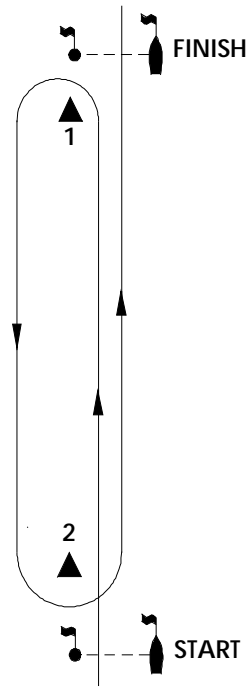
18. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.



Course "MWL"

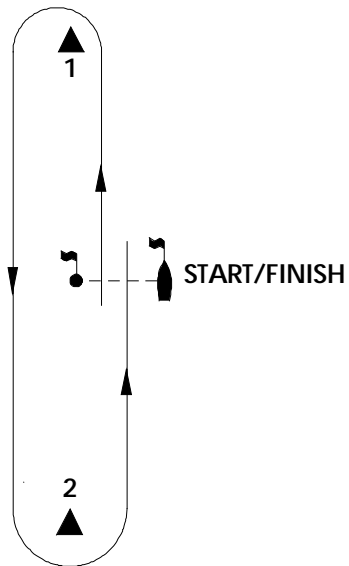
Rounding Order: Start – 1 – 2 - Finish



Course "WLW"

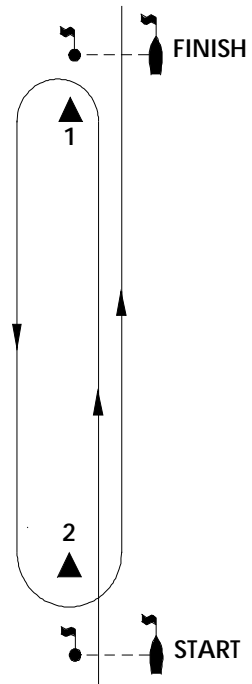
Rounding Order: Start – 1 – 2 – Finish
 "1" Is Not A Mark Of The Course On The Final Windward Leg

Tear Here
 Tear Here



Course "MWL"

Rounding Order: Start – 1 – 2 - Finish



Course "WLW"

Rounding Order: Start – 1 – 2 – Finish
 "1" Is Not A Mark Of The Course On The Final Windward Leg