

**SAISA INLAND NORTH POINTS 1 REGATTA (IN-NP 1)**  
**NOTICE OF RACE**  
**September 25, 2010**

Hosted by: The Carolina Sailing Foundation and NCSU Sailing Team

**SITE:** Lake Wheeler County Park, **6404 Lake Wheeler Rd. Raleigh, NC 27603**

**1. RULES**

This regatta will be governed by the current ISSA Procedural Rules and SAISA Supplementary Rules, *The Racing Rules of Sailing*, the prescriptions of US SAILING, this Notice of Race (except as changed by the sailing instructions), and the Sailing Instructions.

**2. SCHEDULE OF RACES**

Saturday September 25

0800 Arrival, check-in at table and boat rigging  
0830 Competitor's Meeting  
0930 First Warning Signal

Sunday September 26 (if needed)

0900 First Warning Signal  
1200 Latest Warning Signal

**3. FORMAT**

This will be a two division regatta; teams will rotate through the boats per a rotation posted on the day of the event. A Sound Signal Starting System shall be used. Competitors should expect numerous short races with boat rotations as set forth at the skipper's meeting. It shall be the goal of the race committee to complete two full round robin rotation of boats. Three races in must be completed to constitute a regatta. All coaching, including instruction, assistance, equipment or sustenance shall be provided only on shore.

**4. SCORING**

4.1 Low point system for individual races as modified by ISSA Rule 9. Ties will be resolved per procedural rule 11(c). Note that when the "team" is composed of 2 or more sailors from different schools the composite teams will be indicated on the results. Minimally the 1<sup>st</sup> – 3<sup>rd</sup> divisional & top 3 places will indicate the names of the sailors on the race results. Race highlights with results will be forwarded to SAISA for processing & points will be awarded to qualify for participation in the North Points gold regatta.  
4.2 Protests hearings, if any, may take place between races. We will attempt to post preliminary results in real time between races.

**5. AWARDS & TROPHIES**

Prizes will be awarded as soon as possible after the last race sailed in the event.

**6. ELIGIBILITY**

6.1 All 2010-11 member schools of the South Atlantic Interscholastic Sailing Association (SAISA) are eligible. The regatta is a North Points Inland Area Regatta. All teams shall be members in good standing with SAISA & ISSA. A school team may pay SAISA dues at check-in.

6.2 Competitors must attend the school they represent full time and must be in the 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>, or 12<sup>th</sup> grade, as of the date of the Regatta. If your school does not have enough sailors to form the necessary team, regatta organizers will attempt to "mix and match" sailors from different member schools.

6.3 An adult school representative/advisor is required to accompany each team and to be responsible for their conduct on and off the water. The team representative, who may be an advisor, coach, or parent, is expected to have full authority to obtain medical treatment for his team members.

6.4 A JV team from an eligible school may be entered when pre-approved by SAISA. For JV team approval, contact Tom Monkus at (727) 821-9080. Each JV team may be responsible for providing their own FJ, as preference will be given to schools with only one

## 7. FEES & REGISTRATION

7.1 The entry fee shall be \$50.00 per school team. Payment should be made in advance by using the [registration](#) and [waiver](#) forms available on the SAISA website ([www.saisa.org](http://www.saisa.org)) under “[General Forms – Samples](#)”. Make checks payable to Carolina Sailing Foundation. **Checks, registration forms, waivers, and the number of lunches needed should be mailed to:**

Tom David; 13117 Rumford Ct., Raleigh, NC 27614. [[david.tom34@yahoo.com](mailto:david.tom34@yahoo.com)]: 919-846-3559 (H), 919-606-5751 (C)]

7.2 Registrations will be accepted first from Inland Area teams whose registration is received ***no later than September 22*** in the order they are received. Other registrations will then be accepted in order received. All registrations should be received by ***no later than September 22***.

7.3 Once 8 schools have registered, additional schools will be notified that their entry shall be contingent upon their ability to bring their own FJ sailboat in good racing condition to add to the rotation.

## 8. SAILING INSTRUCTIONS

Sailing Instructions will be available at the competitors meeting at Lake Wheeler Boat Launch Area.

## 9. BOATS

FJs will be used. Eight will be provided by NC State Sailing Team.

## 10. RACING AREA

Racing will be on Lake Wheeler, south of the Boat Launch Area.

## 11. DAMAGE

Damage that requires more than normal maintenance is considered a serious incident. If the Protest Committee determines that reasonable care was not used and resulted in damage, one or both boats may be disqualified, regardless of any alternative penalties already taken. In extreme cases, either or both boats may be excluded from the rest of the regatta and sailors or teams held financially responsible for the damages.

## 12. LUNCHES

Four lunches will be included in the regatta fee; additional lunches will be \$5. Reservations for all lunches **MUST BE MADE** with registration.

## 13. DIRECTIONS

Lake Wheeler is located south of Raleigh, NC; follow Interstate 40 east to Exit 297 for Lake Wheeler Road/Farmer’s Market. Turn south (right) onto Lake Wheeler Rd. Go approximately 4.7 miles and turn right into park entrance. After entering gate, follow the drive to the boat launch area.

## 14. HOTEL/Home stay

There are numerous hotels in Garner and Cary within a 10 minute drive to the park. There is no nearby camping. However, local sailing families are happy to host visiting sailors. Please contact Amy Grobin (919-968-4618 or [grobinac@earthlink.net](mailto:grobinac@earthlink.net)) to be matched with a host family.

Wingate Inn Garner (919) 779-7441

Days Inn Raleigh- South (919) 772-8900

Holiday Inn and Suites- Cary (919) 851-1220

Red Roof Inn Cary (919) 469-3400

## 15. SPECIAL CLOTHING

While on the Rotation Dock and on the water, competitors shall wear clothing appropriate for the conditions. Competitors are required to wear special clothing when the water temperature drops below 60 degrees F or when the combination of air temperature and water temperature is below 120. “Special Clothing” can include either dry suits, or wet suits, or a mid-weight thermal polyester layer covered by a windproof layer. Cotton clothing, including jeans, sweat pants, jackets or suits and t-shirts are prohibited.

**16. INFORMATION**

For additional information, contact, Regatta Chair Dan Russell 919-345-0035 [drusseltiger@gmail.com](mailto:drusseltiger@gmail.com)

For information regarding ISSA or SAISA please contact Tom Monkus as follows:

Phone: 727-821-9080 or email [tpmonkus@saisa.org](mailto:tpmonkus@saisa.org) .

**ISSA RULE**

THE USE OR POSSESSION OF ILLEGAL DRUGS AND/OR ALCOHOLIC BEVERAGES IS ABSOLUTELY PROHIBITED ON AND OFF THE WATER BY ANY COMPETITOR. ANY COMPETITOR USING, POSSESSING, OR BEING UNDER THE INFLUENCE OF SUCH DRUGS OR ALCOHOL WILL BE DISQUALIFIED FROM THE COMPETITION.

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